

## **Adapted PE 10-12**

Teacher: Mr. Francis

### **Overview:**

The primary focus in this course is to engage students in daily physical activities. Students will partake in both individual sports and activities, as well as team based activities. We will integrate with other P.E. classes when possible and appropriate. Opportunities will be presented to engage in a wide array of activities, both standard P.E. activities and activities within the community like swimming and skating.

### **Expectations:**

Preparedness: Students should arrive punctually with appropriate gym strip.

Attitude: Students should display a willingness to try all activities and participate to the best of their abilities.

Sportsmanship: Students are expected to be supportive of one another, celebrate successes, and engage in activity while participating fairly.

Effort: In this class we will always put our best foot forward and work hard.

### **Assessment:**

This P.E. course is an adapted course, assessment will be completed in accordance with each student's IEP. Student's will also self assess their daily performance on a five mark scale.

### **Contact:**

Should you ever need to get in touch with me, I can be reached by email at [gfrancis@sd73.bc.ca](mailto:gfrancis@sd73.bc.ca)

I look forward to a year of hard work, sweat, teamwork, and laughter!

Mr. Francis